

## NINA WISE MOTION THEATER®



### **PERFORMANCE**

## **What Just Happened**

Thursday, April 24, 2014 Early show: 7:30 pm Late show: 9:00 pm

In her signature style, Nina Wise builds an improvised performance from the personal and political events that have transpired over the previous 24 hours.

Spectrum NYC, 121 Ludlow St., New York, NY 2nd floor, btwn. Delancey & Rivington St.

\$20 Tickets at: www.brownpapertickets.com/event/605190

#### WORKSHOP

# Motion Theater Daylong Workshop with Nina Wise

Saturday, April 19, 2014 10 am – 5 pm 107 Suffolk St., NY "Madly Fun & Curiously Addictive."

Motion Theater is a form of autobiographical improvisation that integrates movement, narrative and sound in a form of expression that is wildly uplifting and surprisingly transformative. Both an art form and a spiritual practice, the work leads the participant to experience genuine presence, greater freedom of movement, and fluency with language. The sense of well being that arises can pervade all areas of one's life. This workshop is designed for those with experience in Motion Theater and for those new to the form.

\$125 Register at: www.motioninstitute.com/MTschedule.html

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